



Be Ye Vulnerable

Philippians 2:5-11

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In your relationships with one another, have the same mindset as Christ Jesus: Who, being in very nature God, did not consider equality with God something to be used to his own advantage; rather, he made himself nothing by taking the very nature of a servant, being made in human likeness. And being found in appearance as a man, he humbled himself by becoming obedient to death—even death on a cross! Therefore God exalted him to the highest place and gave him the name that is above every name, that at the name of Jesus every knee

should bow, in heaven and on earth and under the earth, and every tongue acknowledge that Jesus Christ is Lord, the glory of God the Father.

John 13:35

This is how everyone will recognize that you are my disciples—when they see the love you have for each other.

Genesis 3:6-13

When the woman saw that the fruit of the tree was good for food and pleasing to the eye, and also desirable for gaining wisdom, she took some and ate it. She also gave some to her husband, who was with her, and he ate it. Then the eyes of both of them were opened, and they realized they were naked; so they sewed fig leaves together and made coverings for themselves. Then the man and his wife heard the sound of the Lord God as he was walking in the garden in the cool of the day, and they hid from the Lord God among the trees of the garden. But the Lord God called to the man, “Where are you?” He answered, “I heard you in the garden, and I was afraid because I was naked; so I hid.” And he said, “Who told you that you were naked? Have you eaten from the tree that I commanded you not to eat from?” The man said, “The woman you put here with me—she gave me some fruit from the tree, and I ate it.” Then the Lord God said to the woman, “What is this you have done?” The woman said, “The serpent deceived me, and I ate.”

Hiding is the new default mode of relationships.

“If we wish to attempt to understand the passage in its historical context, we need to remember that Paul wrote what he did here, not in order to deal with the issues of Christ’s divinity and humanity that so exercised the Church Fathers in the fourth and fifth centuries, but to spell out the way in which those who are in Christ ought to live.”

- Morna Hooker, *N.I.B. Philipians*

Philippians 2:5

In your relationships with one another, have the same mindset as Christ Jesus.

“To love at all is to be vulnerable. Love anything and your heart will be wrung and possibly broken. If you want to make sure of keeping it intact you must give it to no one, not even an animal. Wrap it carefully round with hobbies and little luxuries; avoid all entanglements. Lock it up safe in the casket or coffin of your selfishness. But in that casket, safe, dark, motionless, airless, it will change. It will not be broken; it will become unbreakable, impenetrable, irredeemable. To love is to be vulnerable...the only place outside of Heaven where you can be perfectly safe from all dangers of love is Hell.”

- CS Lewis, *The Four Loves*

“Vulnerability is the emotion that we experience during times of uncertainty, risk, and emotional exposure... Vulnerability is not winning or losing. It’s having the courage to show up when you can’t control the outcome.”

- Brené Brown, *Dare to Lead*